- **Can I get my nose pierced with a hoop?**

-I do not recommend starting most piercings with hoops, unless it is a daith or septum or something that requires that as the initial jewelry since most piercings are meant to heal straight. Even then, the only way we are able to heal daiths and septums with hoops, is by piercing with hoops that have a larger gauge and diameter. The tension that a fitted hoop causes to the edges of your straight piercing channel will lead to extended healing times (if it heals), migration, and bumps. Using jewelry with a larger gauge and diameter will make that curve less pronounced, causing less tension on the edges of your piercing channel.

-The larger hoops, however, are generally not the aesthetic most people mean when they say they'd like to be pierced with a hoop. Most people picture a dainty fitted hoop, but you really want a properly healed piercing before you decide to switch to those because there is always the risk that your healing will regress if you change it to something fitted or thin too soon. Just be patient and let your body heal first. It'll be worth it in the long run.